


The Highlands



June 2010

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1. 11:00 Exercise ® 2:00 Church Service (R) 3:30 Food Meeting 7:15 <u>Resident</u> Movie Night	2. 11:15 Bank/ Giant 2:00 Rosary (R) 2:30 Catholic Service G 3:00 Celebration of Dorothy Kennedy's Life	3. 10:30 Tai Chi w/Karen 1:30 Wii Bowling 3:00 Women's Ice Tea & Fashions Front Porch 7:30 Resident Scrabble (R)	4. 9:30 Chevy Chase Market 10:30 Shabbat w/ Cantor [W] 11:00 Exercise (R) 1:15 Bridge (R) 3:30 Singer: Linda Leach	5. 7:30 Saturday Cinema (R)
6. 9-11 Church Shuttles	7. Bob Abbot's Birthday 9:30 Exercise 10:15 Giant Shopping (S) 1:00 Bank Shuttle 3:30 Spanish Class	8. Liz Altman's Birthday 11:00 Exercise ® 2:00 Church Service (R) 3:30 Activity Mtg. 7:15 <u>Resident</u> Movie Night	9. 11:15 Lunch Out: Tavira 1:30 Mobile Post Office 2:00 Rosary (R) 2:30 Catholic Service G 3:30 Current Events	10. 10:30 Tai Chi w/Karen 1:30 Table Bowling 3:30 Birthdays w/Dale Jarrett 7:30 Resident Scrabble	11. 9:30 Chevy Chase Market 10:30 Shabbat [W] 11:00 Exercise (R) 1:15 Bridge ® 3:30 Bingo 7:30 Recent Flick	12. 3 p.m. Dita Hatch's Birthday Party Bistro 7:30 Saturday Cinema
13. 9-11 Church Shuttles	14. 9:30 Exercise 10:15 Safeway (S) 1:00 CVS/Library Shuttle 3:30 Current Events	15. 11:00 Exercise 2:00 Church Service (R) 7:15 Music on the Back Porch w/ the Cardinal Brass	16. 11:30 Picnic @ Park 2:00 Rosary (R) 2:30 Catholic Service (G) 3:30 Fathers Day Memories	17. 10:30 Tai Chi w/Karen (R) 1:30 Wii Bowling 3:30 Resident Council 7:30 Resident Scrabble (R)	18. 9:30 Chevy Chase Market 10:30 Shabbat w/ Cantor [W] 11:00 Exercise (R) 1:15 Bridge ® 3:30 Creative Writing 7:30 Recent Flick (R)	19. 7:30 Saturday Cinema (R)
20. Fathers Day 9-11 Church Shuttles 	21. Summer Begins 9:30 Exercise (R) 10:15 Safeway Shopping 1:00 Bank Shuttle (S) 3:30 Spanish Class	22. 11:00 Exercise 2:00 Church Service (R) 3:00 PO KE NO (R) 7:15 <u>Resident</u> Movie Night	23. 11:15 National Gallery of Art 1:30 Mobile Post Office 2:15 Transportation to Catholic Mass [G] 3:30 Current Events 7:30 Resident Black Jack	24. 10:30 Tai Chi w/Karen (R) 1:30 Table Bowling 3:30 Hollywood Biography 7:30 Resident Scrabble (R)	25. 8:30 Men's Breakfast 10:00 Chevy Chase Market 10:30 Shabbat (W) 11:00 Exercise 1:15 Bridge 3:30 Fill In The Blanks 7:30 Recent Flick	26. Cheryl Wang ~ Concert Pianist 7:30 Saturday Cinema
27. 9-11 Church Shuttles	28. 9:30 Exercise ® 10:15 Safeway Shopping 1:00 CVS/ Library Shuttle (S) 3:30 Current Events	29. 11:00 Exercise 2:00 Church Service (R) 3:30 Resident Theatre 7:15 <u>Resident</u> Movie Night	30. 11:15 Sears @ Mont. Mall 2:00 Rosary (R) 3:30 Bingo		K Kensington Room (W) W Woodlands G Groves R Recreation Room	Mobile Post Office 2nd & 4th Wednesday